

# Eat Smart, Move More, Weigh Less

## LUNCH BAG REFERRAL PROGRAM

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Current and  
former Eat Smart,  
Move More, Weigh Less  
participants—

Refer a colleague  
and receive this cool  
lunch bag.



Refer a colleague to enroll in an upcoming Eat Smart, Move More, Weigh Less Online class and receive a **FREE** Eat Smart, Move More, Weigh Less Lunch Bag.

The person that you refer must enter your first and last name under the "How Did You Hear About Us" question during registration.\*

\*Limit of one lunch bag per person while supplies last. The lunch bag cannot be substituted for cash value. The person that you refer must enter your name at the time of registration. Current and former participants' is defined as participants whose program registration is complete and payment has been received. Offer subject to change.

[www.esmmweighless.com](http://www.esmmweighless.com)

**NC STATE UNIVERSITY**



**North Carolina Public Health**  
Working for a healthier and safer North Carolina  
Everywhere. Everyday. Everybody.