

## To access class on a mobile device:

- Please install the **GoToTraining** app on your device's app store. It will look like the image below.



- Before each class, you can either click JOIN from your reminder email each week **OR** you can click on the GoTo app on your device. If you click on the app, the following image will appear - please click in the lower right corner of the screen that says MEET. Enter the 9-digit Session ID# for the class, which will be the same every week and then click **JOI**. Please refer to the meeting ID# listed in your confirmation email.



**GoTo**

### Join a session

Enter the session ID or name to join.

Session ID or name

Join



Connect your calendar and your meetings  
will appear here

